

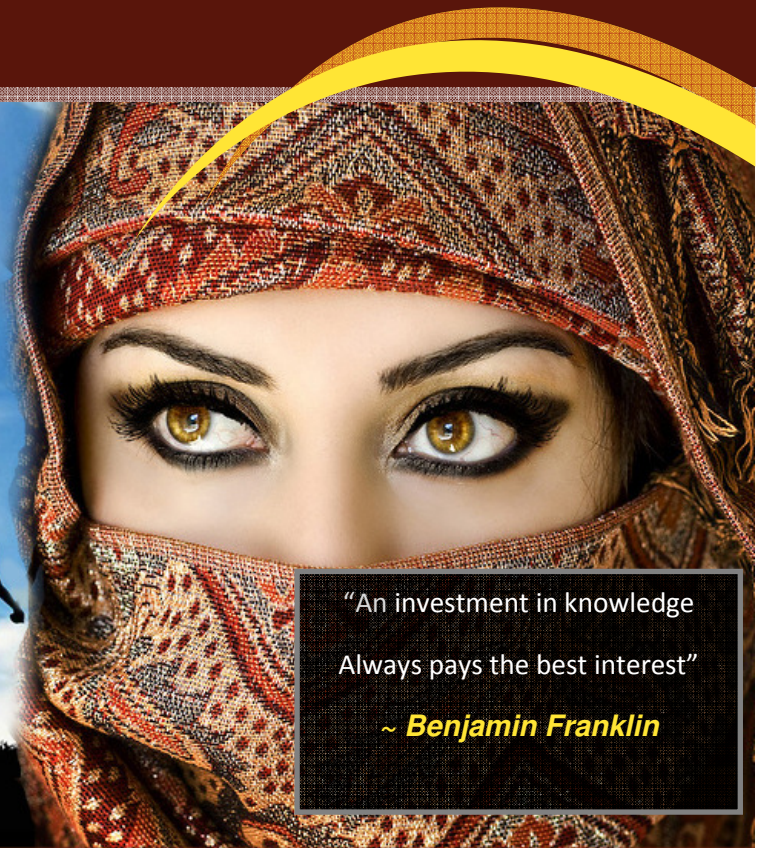
MECA – Middle East Cultural Awareness Training

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WOMEN in the Middle East



"An investment in knowledge
Always pays the best interest"

~ Benjamin Franklin

PAST...PRESENT...FUTURE

Women in the Middle East: Past...Present...Future

PURPOSE

This workshop is designed to give an understanding of the women in the Middle East through its culture, its people and its traditions.

Topics covered include: social organizations, family structure, religion, policies & laws (Country specific), sexuality, marriage practices, women's rights, intimate relationships, gender systems, abortion & contraceptive availability, honor crimes, feminism, education, and the Arab working woman.

APPROACH

Suitably customized content will be used throughout the workshop which would provide a balance of structured input and discussion of scenarios relevant to the topics.

INSTRUCTOR

Sabrina D. Moyer, founder of **MECA** training was born in Beirut Lebanon to a Palestinian father and a Swedish mother. A Multi Lingual, she grew up living and working in the Middle East and Europe. She currently resides in Idaho, with her husband and son.

Sabrina combines her own first-hand experience of living and working in different cultures along with her extensive personal knowledge of the Middle East culture and language into a series of comprehensive workshops and classes to help educate individuals about the Middle East region, its people, its traditions, its culture and its different ethnic groups.



OBJECTIVES

Throughout the workshop we will pursue the following objectives:

- Clarify representations of Middle Eastern women, our perceptions of them and how others have represented and, at times, misrepresented Middle Eastern women.
- Broaden the understanding of Islam and the various roles that Middle Eastern women play in their own societies.
- Understand the issues and challenges that women face in certain parts of the Arab world and why.
- To inspire deeper knowledge of the social and cultural changes taking place in the Middle East.

Below is a list of some of the various workshops that we offer:

- Middle East Cultural Awareness Training
- The Arab Business Culture
- Expatriate Relocation and Culture Shock
- Arab Cultural Etiquette and Hospitality Training
- Business Practices and Negotiation skills in the Arab world
- Middle East Social Structure and Traditions
- Country Specific Training

Class Outline

What/Who/Where – The Arab World
Gender, Identity, & Islamic Societies
Gender & Historical Context
Men, Women & the Arab society
The Phenomenon of the Hijab (Veil)
Discourse of the Hijab
Religion & Sexuality
Cultures of War
What is oppression?
Role of women & family structure
Marriage contracts, laws & policies
Education, career & independence
The Arab woman in western culture
Stereotypes & Misconceptions
Feminism in the Modern Middle East
Who is the Arab woman today?

Audio-Visual Equipment: To be discussed
Class limit: Min 7 / Max 25

Duration: 1 or 2 day workshop

Cost: Negotiable

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